DATE:	November 18, 2024
TO:	Commission on Elder Affairs & Interested Parties
FROM:	Frances Langille, Chair
SUBJECT:	Meeting Notice and Agenda for November 25, 2024, 4:00 p.m.

The Commission on Elder Affairs is meeting on **Monday**, **November 25**, **2024**, **4** p.m. – virtual via Teams:

Join the meeting now

Meeting ID: 212 279 697 337 Passcode: XdoxbS **Dial in by phone** <u>+1 469-998-7682,,374331590#</u> United States Phone conference ID: 374 331 590# Members who are unable to attend should contact Amy:<u>watersa@worcesterma.gov</u>.

BUSINESS MEETING AGENDA

- I. Commission on Elder Affairs Chair
 - a. Call to Order/Roll Call
 - b. Approval of Commission Meeting Minutes of September 23 & October 28, 2024
 - c. Approval of Senior Center Committee meeting report of October 8, & November 12, 2024

II. Introductions and Acknowledgements

- III. Elder Affairs Staff Reports
 - a. Director Report Strategic Plan Goal and Objectives
 - b. Senior Center Operations Director Report
 1. Developing and Offered Programs
 2. Facility and Grounds
 - c. Manager of Senior Services & Education Report
 1. Outreach, Information, Referral and Advocacy
 2. Multi-cultural Programs & more
- IV. Commission on Elder Affairs Chair

-comments &/or questions from Commission members
-comments from others-up to 2 minutes each
-confirm next meeting- January 27, 2025 at 4 pm, virtual on Teams.
-Adjourn

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Commission on Elder Affairs September 23, 2024 Minutes

Present: Fran Langille-Chair, Facely Henriquez, Kathan Horne, Lovo Koliego, Noreen Shea, Richard Shea, Roxana Gomez Vargas, Sarah Faucher, Stephen Corridori, Tamara Cullen, Thuha Le, Linda Wincek-Moore, Patty Hainsworth, Amy Waters.

Fran called the meeting to order at 4 pm. The Commission minutes from June 24, 2024 were approved (m/s/a). The Senior Center Committee report from September 24, 2024 were approved (m/s/a). A new power point about the senior center created for outreach was viewed.

Amy highlighted the following from her report: In the first quarter of the new fiscal year we have made good progress on Departmental Development goals; main FY'25 funding sources are stable - city, state, Fallon Health; 198 different programs YTD; almost all service agreements are in place; 528 Farmer's Market Coupons distributed; staff trainings continue; proposals for developing the vacant nurse's residence are being evaluated; Over 7,000 entries to the senior center monthly for over six months; and continuing to work with many partners including serving as "special advisor" for Age Friendly Massachusetts 5 year plan.

Patty highlighted some of the many programs held during a very active summer such as Christmas in July, classic car show, talk on Isabella Gardner Museum art heist, Paw Parade and more. She noted the replacement of the warming table in the kitchen, planning for refreshing bathrooms and addressing storage, new interactive TV, & celebrating a successful community garden season. Dementia Friendly Worcester team will meet in October.

Linda reported that senior services is very busy helping folks with so many basic needs, primarily housing, and soon open enrollment will bring many questions which SHINE will help with. Staff are tabling at 3 resource fairs in the autumn and already tabled at the Brazilian Festival. 3 staff are attending this year's MCOA conference. Third year medical students have been obtaining experience through clerkships at the senior center and other organizations.

There was discussion on housing models and health education. In October there will be a vaccination clinic and also education on vascular disease.

The meeting adjourned at 5:00 p.m. (m/s/a)

Commission on Elder Affairs October 28, 2024 Minutes

Present: Fran Langille-Chair, Facely Henriquez, Lovo Koliego, Richard Shea, Sarah Faucher, Linda Wincek-Moore, Jose Curet, Wei Shi, Ana Cristina Oliveira, Lan Le, Patty Hainsworth, Amy Waters.

Fran called the meeting to order at the Worcester Senior Center at 4:00 pm. As there was no quorum, the minutes and report were held for consideration at the next meeting. Kathan Horne was recognized for her 5 years of service as a Commission member. Amy also noted that this is Fran's and Richard's last meeting of their official terms, however they are legally allowed to and will be staying on while there are still vacancies.

Linda and her senior services team presented on the wide array of work they do to assist seniors with personal matters as well as to maintain their wellbeing. Please refer to this link for more details: <u>Senior Services Staff</u> <u>Presentation</u> or the attached Power Point. Commission members and Amy offered their gratitude and praise for the team's impressive contributions.

Amy highlighted items in her report including: 1st quarter budget office meeting acknowledged that spending is as expected; 102 immunizations provided by Walgreens clinic; staff attended MCOA conference; featured in Worcester Business Journal article; City Manager's communications team assisting with marketing; attended ESWA's 50th anniversary annual meeting and Worcester Senior Center will be celebrating 25 years in June 2025.

Patty reported on the following: working with Dept of Public Facilities re: better signage for safe driving; community gardens clean up; leaks in the lobby and bathroom are being addressed; intergenerational Halloween fun coming this week; November's big programs are the Veteran's event and Thanksgiving including a craft fair; vascular disease program was very successful and is being followed by one on strokes; December is music-filled; Dementia Friendly Worcester Team has re-convened and has many initiatives to be considered.

Fran adjourned the meeting at 5 p.m.



REPORT TO THE COMMISSION ON ELDER AFFAIRS Senior Center Committee October 8, 2024

Present: Richard Shea-Chair; Fran Langille; Facely Henriquez; Noreen Shea, Patty Hainsworth, Amy Waters

Richard called the meeting to order at 12:05 pm on Teams. The minutes of September 10, 2024 were approved (m/s/a). The next meeting was confirmed for November 12th at noon on Teams. It was noted that while the terms for Richard and Fran are ending in October, they have agreed to fill Commission slots until openings are filled. Also, it was noted that Kathan has resigned from the Commission and this Committee.

Amy noted that funding and allocations are stable and that the state has promised to send the QCC licenses asap. She also reported that there has been no decision made yet regarding the preferred developer for the vacant nurse's wing.

Patty reported on the following: Yesterday's clinic provided 98 vaccinations; October's large program will be on vascular health; November brings events for Veterans Day and Thanksgiving, including a craft fair, as well as a Diwali presentation and education on strokes; and the senior center is winding down from warm weather activities.

The meeting adjourned at 12:40 pm (m/s/a).

REPORT TO THE COMMISSION ON ELDER AFFAIRS Senior Center Committee Meeting November 12, 2024

Present: Richard Shea-Chair, Noreen Shea, Facely Henriquez, Steve Corridori, Tamara Cullen, Patty Hainsworth, Amy Waters.

Richard called the meeting to order at 12:03pm on Teams. The minutes from October 8, 2024 were approved (m/s/a). The next meeting was confirmed for January 14, 2025, at noon on Teams. Tamara and Steve were welcomed as guests expected to be formally appointed to the committee in the future.

Amy reported that funding is stable, and the first half of the state COA allocation has been received. She reviewed the current budget breakdowns. Regarding allocations, Amy noted that it is a legal requirement that the Fitness Center management contract go out to bid for implementation in July 2025. She reviewed the draft bid specifications and invited the committee's involvement. Amy also briefly reviewed a chart with details on the tenant agreements at the Senior Center, noting that no changes are expected until the spring.

Amy also reported on the result of the City's request for proposals for the lease and development of the vacant former St. Vincent Hospital's nurses home building. The preferred developer has been determined to be Rogerson Communities which intends to create approximately 100 units of residential housing for seniors of various income levels, rent to be adjusted accordingly. The development is expected to include renovation of the vacant space as well as new construction with apartments and parking lot at grade. There will not be a wide-spread announcement yet, as there are many steps to this lengthy process.

Patty reported that DPF will be fixing the bathrooms near the Activity Room and are helping us with signage. She reviewed the very successful intergenerational veteran's day event which took place last week and noted the following upcoming programs: Stroke Education, Thanksgiving craft fair/lunch/entertainment, December holiday music, Age Friendly Health Systems, and a St. Vincent Hospital Nutritionist talk. Also, the next meeting of Dementia Friendly Worcester will be Dec. 19th at 3:30.

The meeting was adjourned at 1:04 pm (m/s/a).